# Vyepti<sup>®</sup> (eptinezumab) intravenous (IV) treatment for people suffering from migraine

This anti-CGRP<sup>\*</sup> is designed as a preventive treatment for migraines in adults and has been prescribed by a healthcare practitioner



This medicinal product is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects you may get. If you get any side effects, talk to your doctor or nurse. This includes any possible side effects not listed in the patient information leaflet. You can also report side effects directly to HPRA Pharmacovigilance via www.hpra.ie. By reporting side effects you can help provide more information on the safety of this medicine.

\* Calcitonin gene-related peptide (CGRP) is known to be involved in the brain processes which cause pain during a migraine attack.



## Migraine is more than just a bad headache

Symptoms can vary, but migraine is unpredictable and can have a big impact on people's lives. In addition, there is the added stress of never knowing when, where or how it could upend your loved one's plans.



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#### 3 things to know about migraine

Migraine is common. It has been estimated to affect around 12% of the global population.

**Migraine can be disabling.** Migraine is the 3<sup>rd</sup> most common cause of disability worldwide among adults under 50. For more than 90% of people, migraine interferes with education, family, career and social activities.

Migraine has no cure. However, it can be managed with various treatment options to reduce its frequency and intensity.

#### Chronic migraine may start off as a few headaches that happen more and more

Common signs of migraine include:

→ A moderate or severe headache, usually on one side

→ Symptoms like nausea (feeling sick), vomiting and sensitivity to light or sound

# Medication overuse headache (MOH)

Migraine returns

Over time, overuse of over-the-counter medications such as paracetamol or ibuprofen can lead to a greater sensitivity to pain, which leads to the need for higher doses, causing a vicious cycle known as medication overuse headache (MOH)

If headaches are caused by over-the-counter medications or frequent use of triptan drugs, a doctor may prescribe a treatment to help stop MOH. Eptinezumab is one of those treatments.

Migraine



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Eptinezumab is an anti-CGRP treatment designed to prevent migraines from occurring in adults

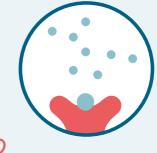
### How anti-CGRP IV treatment works



Inside the body, a protein called calcitonin gene-related peptide, or CGRP, helps to communicate pain to the brain



The anti-CGRP molecule attaches to CGRP and blocks it from activating CGRP receptors



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CGRP activates the CGRP receptor and this is thought to play a large role in causing migraines. People with migraine have been found to have higher-than-normal levels of CGRP



# Taking Vypeti



People need to keep going to appointments to get the full benefits of this treatment. If they stop their infusions, their migraines might increase or get worse again.

## Possible side effects of the anti-CGRP drug

Some people may experience side effects and serious reactions may occur. In clinical trials, the most common side effects occurred during the infusion. Most reactions were not serious but required treatment and often led to stopping anti-CGRP therapy.

Common side effects were:

- → Blocked nose and scratchy throat
- → Skin allergies, including sensitivity, itchiness, redness and warmth
- → Fatigue

# How you can help

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Listen if your loved one explains how migraine affects their work and personal life; take it seriously Put yourself in their place so that if you know their migraine triggers you can keep this in mind when preparing food or planning activities. You may even help identify triggers they were unaware of Be there for them by offering to accompany them to their infusion appointments or by joining them in their favourite activities



Help them stay positive by reminding them of their achievements and progress, no matter how small they seem

### Additional resources

Your loved one can access patient support literature and tools in relation to Vyepti<sup>®</sup> by logging onto **www.lundbeck.ie.** Click on Lean on Lundbeck in the website menu to access the Vyepti Patient Supports.

A copy of the Patient Information Leaflet can you accessed via **www.medicines.ie.** 

To learn about headache and migraine from experts visit **migraineworldsummit.com.** 

For information about an Irish support group for migraine sufferers visit The Migraine Association of Ireland **www.migraine.ie**. They can also be contacted by phone at 01 894 1280 / 01 894 1281.

